

Chinese food need never be a once-a-week-restaurant treat again! Free mouth watering Chinese recipes, easy to follow & cook, Chinese cooking is simply rewarding!

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Popular Chinese recipes

Chinese Beef Recipe - Szechuan beef stir fry, Chinese pepper steak, Orange beef, Hunan beef..

Chinese Chicken Recipes -

About Chinese Food and Cooking



Do you know that more than a third of the world's population eat **Chinese food** daily? Even if it was eaten regularly by some only, **Chinese cooking** would still be acknowledged as one of the greatest and original cuisines of the world. There is an ever increasing interest in and appreciation of Chinese food in the West. The fact that **Chinese restaurants** are mushrooming in the West is ample testimony to the variety and quality of Chinese food.

"Have you eaten already?" is a popular greeting among the Chinese.

The culinary appeal of **Chinese cuisine** has taken the Western culture by storm because those who experimented know how good and economical Chinese food can be. They discovered how easy it is to create Chinese dishes in their own kitchen and the joy of eating Chinese food can be experienced regularly rather than as an occasional treat.

The art of Chinese cooking does not, contrary to popular belief, present any real difficulty as you will soon find out at Chinesefood-recipes.com. All the ingredients in Chinese recipes such as bamboo shoots, bean sprouts, water chestnuts and so forth can be readily purchased from most general food stores and supermarkets, and even online!



"Color, aroma and flavor are not the only the key elements in Chinese cooking; nutrition is also a priority."

Chinese food appeals to the majority and its variety of flavors is so cleverly contained in each dish that there is nothing incongruous in the serving of meat and poultry in the same course. Both the cooking and consumption of Chinese food are great culinary experiences. Besides appealing to our taste buds and eyes, food prepared in the Chinese manner is highly nutritious, retaining all its vitamins with quick and minimum cooking.



The reward of cooking Chinese are obvious to anyone who has tasted popular **Chinese dishes** like a well-cooked **Sweet and Sour Pork**, **Kung Pao Chicken** or **Chinese dumplings** or was sustained by a plate of steaming **Chow Mein** or **Fried Rice**. Chinesefood-recipes.com has a massive selection of free, easy-to-cook and delicious

Chinese recipes and **Oriental recipes**. Helpful sections such as **Ingredients** and **Cooking tips** are available to make your cooking experience easy and fun. Happy cooking!

Today's Tip/Quote

Part of the secret of success in life is to eat what you want and let the food fight it out inside - Mark Twain

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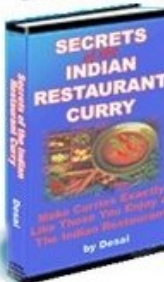
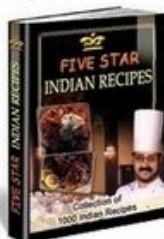
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Chinese Seafood Recipes - Steamed fish Chinese style, creamed crab bamboo shoots, stir fried shrimps with cashew nuts, shark's fin soup, fish maw soup, braised abalone with sea cucumber...

Chinese Salad Recipe
Chinese Noodles Recipe
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Chinese Vegetable Recipe



Confucius (551-479 B.C.) said, "The path to your friend's heart and soul begins from your cooking."

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Vietnamese Spring Rolls, Tempura Prawns, Oriental Chicken Topping, Singapore Noodles, Eggplant Laos-Style, Indonesian Honey-Baked Beans, [more Asian recipes](#).

Chinese Beef Recipes

Orange Beef, Stir-Fried Beef with Onions, Mongolian Beef, Steamed Minced Beef, Kung Pao Beef, [more Chinese beef recipes](#).

Recipe of the day: Sichuan Pepper and Salt Dip

Ingredients:

- 2 tsp powdered Sichuan peppercorns
- 1 tsp salt
- ½ tsp sugar

Directions:

1. Combine and serve with Sichuan Duck, deep fried chicken and other poultry dishes.

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Last Modified: 04/03/11.